

OFFICIAL NEWSLETTER OF THE BALLENISLES WILDLIFE FOUNDATION

NATURE MATTERS

OCTOBER 2014



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Photograph by Paul Goldstein

IN THE SPOTLIGHT By Denise Johnson



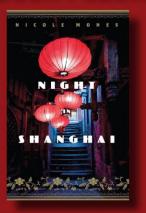
For the past twenty years, Mona Roberts has singlehandedly cared for the wildlife in BallenIsles. Her mission began in 1995 when she started to feed some of the feral cats that were hanging around the building sites. She soon recognized that the feral cat population was becoming unwieldy, so she took it upon herself to solve the problem. She purchased humane traps to capture the cats, had them neutered at her own expense, and returned them to their familiar environment where she continued to feed and nurture them.

Gradually, she expanded her horizons to include rescuing injured birds, geese, turtles and other wild inhabitants living in our --- and their --- home. Day after day, Mona tends to these creatures; her caring and generous spirit has no limits. Her motto is, "Give your all whenever and wherever it is needed."

As others of us realized the scope of Mona's commitment, the idea for the BallenIsles Wildlife Foundation began to grow--- and grow; today we are a full-fledged organization within the community, and you are reading the inaugural edition of our monthly newsletter: Nature Matters.

All of this work began with Mona's selfless dedication to our animal friends here in BallenIsles. She is truly our "soul and inspiration."

20th Annual Mandel JCC Book Festival Luncheon





Author Nicole Mones

Wednesday, Nov 19, 2014 at 11:00am Kravis Center, West Palm Beach

In Night in Shanghai, Nicole Mones reveals not one but three untold historical stories: the saga of American jazz men in Shanghai, the saving of thousands of Jewish lives by Chinese Consul Ho Feng-Shan, and the Chinese government's attempt to save 100,000 more Jewish lives by establishing a permanent resettlement zone for Jews next to Burma.

\$85/Member; \$100/Guest

Please RSVP by November 7, 2014 at JCConline.com/bookfestival For more info, please call 561-712-5232.

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LETTER FROM THE PRESIDENT

Dear Friends,

Welcome to our premier issue of <u>Nature Matters</u>, a monthly magazine that will be mailed to all residents of BallenIsles. In each complimentary issue we will convey educational, interesting, and fun information for our readers that is consistent with our mission to inform and educate. Please look inside this issue for a taste of what we will offer.

Since our inception, we have applied a very broad definition of "wildlife" to include not only all the magnificent wild animals that inhabit BallenIsles but also domestic animals, i.e., dogs and cats, and all plants particularly native species. We feel that this approach better serves our community.

We are extremely pleased with what we have accomplished in such a short period of time, this magazine being only one example. Our web site, www.ballenisleswildlifefoundation.org, and our Facebook page are continually updated to provide visitors with relevant information and beautiful photographs.

The outpouring of support from so many residents has been gratifying. We encourage you to submit articles, photos, and other wildlife-related content to info@ballenisleswildlifefoundation.org.

To quote Dr. Jane Goodall, "We should have respect for animals because it makes better human beings of us all."

Naturally yours,

Marianne Guerra President

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About BallenIsles Wildlife Foundation

BallenIsles Wildlife Foundation (BIWF), a nonprofit 501(c)(3) charitable organization, is a group of volunteers who love and respect animals, both domestic and wild. Our mission is to preserve, protect, foster, and respect all animal life within the BallenIsles community.

Our inspiration comes from Mona Roberts, a resident of Bermuda Bay, who during her 18 years in BallenIsles, devoted herself to the rescue and rehabilitation of animals in need. When she expressed a desire to "retire," several friends stepped in to continue her work and expand her mission. In January 2014, the BallenIsles Wildlife Foundation was born. Word of our mission drew other like-minded volunteers. In addition, we reached out to other communities and organizations with similar interests. BIWF is extremely gratified by the support from other organizations such as the Admiral's Cove and Ibis Wildlife Foundations, Arthur R. Marshall Foundation for The Everglades, Busch Wildlife Sanctuary, Florida Fish and Wildlife, Furry Friends, Animal Hero Kids, Caring Fields, The Humane Society of the Treasure Coast and Peggy Adams.

Foundation Goals

Educate and inform BallenIsles residents about various wildlife and animal matters.

Establish working relationships with wildlife and rescue organizations.

Assist with injured animals, stray animals and lost pets found in BallenIsles.

Provide financial support to nonprofit agencies that assist BIWF with its wildlife and animal concerns. Humanely trap and neuter feral cats found in BallenIsles to avoid overpopulation.



To learn more, visit the BIWF website at www.ballenisleswildlifefoundation.org or our Facebook page: www.facebook.com/BallenIslesWildlifeFoundation.

Subscribe to our E-News by visiting the BIWF website or Facebook page and clicking on the E-News Sign Up Link.



For additional information contact info@ballenisleswildlifefoundation.org.

DONATE TO BALLEN SLES WILDLIFE FOUNDATION

BallenIsles Wildlife Foundation needs your financial support. Your charitable contribution will provide funds necessary to help us implement our mission to preserve, protect, foster, and respect the wildlife in our community and serve as an educational resource for our residents. We are a 501 (c)(3) nonprofit organization; therefore, your donation is tax-deductible as long as it qualifies for the tax deductions permitted by law.

HOW TO DONATE

- 1. **Gifts by Check** Gifts may be made in the form of a check payable to BallenIsles Wildlife Foundation, which can be mailed to 303 BallenIsles Circle, Palm Beach Gardens, FL 33418.
- 2. **Gifts by Credit Card or PayPal** Submit electronic payment gifts via the Donations page at **www.BallenIslesWildlifeFoundation.org** or click on the Donate Now link on our Facebook Page.



3. **Tribute Cards** - Request a Tribute Card in any financial increment to recognize a special person or life event. A charitable donation in the name of your designee is a most thoughtful and appreciated gift. BIWF will send an acknowledgement card to your designee.

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HOW TO HELP BALLEN SLES WILDLIFE FOUNDATION

Donations

- 1. Financial BallenIsles Wildlife Foundation depends upon your generous financial gifts to continue operating our organization. Advertising support found within this magazine only helps cover publishing costs. We welcome your continued financial support of our organization.
- 2. **Supplies** We will gladly accept any gently used linens and pet supplies that we will donate to our partnering organizations. Popular items include bedding, towels, pet toys, pet food, cat litter and other household items that can be used by rescue organizations.

Time

- 1. **Volunteer** We are always looking for volunteers to serve on our various committees: Rescue, Education, Finance, Fundraising.
- 2. **Kitten Fostering & Adoption -** From time to time we rescue abandoned kittens found within BallenIsles and need both temporary and forever homes.
- 3. **Content** We have an ongoing need for articles and photos of animals and plants for both our website and magazine.
- 4. **Expertise** There is always a need for veterinary skills to help the animals we rescue and foster and for volunteers with computer skills.

Online Support

1. Amazon Smile - Amazon donates 0.5% of your eligible AmazonSmile purchases to the charitable organization of your choice. Please register for this great program at smile.amazon.com and select BallenIsles Wildlife Foundation as the organization you support!



2. Facebook - Follow our progress by simply "liking" our Facebook page for easy access to news, articles and photos.

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As human beings, we are hardwired to protect what we love. To teach everyone to love and connect with the Florida Everglades is the most profound way to build an army of fierce protectors for the most endangered ecosystem in the world. For us, at the Arthur R. Marshall Foundation for the Everglades, it can be summed up by Aldo Leopold as: "two things...interest me: the relation of people to each other, and the relation of people to land."

The "relation of people to the land" is our mission to relate children directly to the land. To give them a love of it and the tools to follow behind us as stewards. Through planting trees, going into classrooms, and guiding school field trips we create an attachment that they otherwise might not get. We can use science based education to open more eyes to our own backyard. The "relation of people to each other" is our commitment to expand outreach and programs to the entire community, to teach everyone that 2/3 of south Florida gets their water from the Everglades, to communicate the threat that is posed by invasive species of plants and animals, to remind people of the thousands of migratory birds just a few miles away that need the water to be clean and flowing properly in order to thrive. We take people to walk, to photograph, to paint, to learn, to SEE what is right next door with new eyes. And we do it together. Beginning in October ARMF will be teaming with the Ballenisles Wildlife Foundation to facilitate fun learning opportunities for everyone with a variety of interesting experiences. ARMF has Florida Master Naturalists on staff doing public outreach customized to the community's needs and our favorite: the birds will start coming back to south Florida and we love being there to watch it. We can hardly wait and know we'll see you loving the Everglades too!!

Please find more information: www.ArtMarshall.org info@artmarshall.org Twitter.com/MarshallFDN Facebook.com/MarshallFDN

Upcoming events:

Thursday, October 9—Sequin Palm Beach. Evening Reception to benefit the Marshall Foundation

Saturday, October 25—Annual Cypress Seed Harvest Arthur R. Marshall Loxahatchee National Wildlife Refuge (Lox NWR)

Saturday, December 6—River of Grass Gala—Lady Windridge Yacht. Launching from Palm Beach

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The BallenIsles Wildlife Foundation extends a special thanks to the following people for their extraordinary support during our inaugural year:

Jim Adelman Derrick Barnett, General Manager BallenIsles Country Club **Toby Bartosh** Kerry Beren Margie Berg **BICA** BICC Gene Bolton Iris Burke Lois Burke Nancy & Larry Brookman Gerald Chernow Rodney Cole Bob Davis, General Manager BICA Linda & Jack Doser

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Photograph submitted by Margie Berg

FUN FACTS

- Rats breed so quickly that in just 18 months, 2 rats could have created over 1 million relatives.
- The blue whale can produce the loudest sound of any animal. At 188 decibels, the noise can be detected over 800 kilometres away.
- Horses and cows sleep while standing up.
- Giant Arctic jellyfish have tentacles that can reach over 36 metres in length.
- Locusts have leg muscles that are about 1000 times more powerful than an equal weight of human muscle.
- Hummingbirds are so agile and have such good control that they can fly backwards.
- Instead of bones, sharks have a skeleton made from cartilage.
- Insects such as bees, mosquitoes and cicadas make noise by rapidly moving their wings.
- The horn of a rhinoceros is made from compacted hair rather than bone or another substance.
- · Sharks lay the biggest eggs in the world.
- Even when a snake has its eyes closed, it can still see through its eyelids.
- Unlike humans, sheep have four stomachs, each one helps them digest the food they eat.
- Despite the white, fluffy appearance of Polar Bears fur, it actually has black skin.
- As well as being a famous Looney Tunes character, the Tasmanian Devil is a real animal that is only found in the wild in Tasmania, Australia. It is the largest carnivorous marsupial in the world.
- The average housefly only lives for 2 or 3 weeks.
- · Mosquitoes can be annoying insects but did you know that it's only the female mosquito that actually bites humans.
- Cats use their whiskers to check whether a space is too small for them to fit through or not.

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Roseate Spoonbill

By Lynne Goldstein



Is it the luminous pale pink plumage with red highlights or the long bill with the spoon shaped tip that so enchants those lucky enough to view this long-legged wader that is a member of the ibis family?

Called "one of the most breathtaking of the world's weird birds" by ornithologist Roger Tory Peterson, the roseate spoonbill was confused with flamingoes by early settlers. In the 1830s, Audubon discovered these exquisite birds while searching for nonexistent

flamingo nests. Also called the "flame bird" and the "banjo bill," the roseate spoonbill has pink feathers with scarlet-tinted wings, and an orange tail. The pink color results from its diet of shrimp, small fish, snails, and aquatic insects.

The spatulate bill of this species has an important function. It has sensitive nerve endings that help the spoonbill detect prey. As it sweeps the bill from side to side through shallow water, the spoonbill encounters small fish, shrimp, crayfish, fiddler crabs and aquatic insects, which it snaps up and swallows.

Prior to the 1850s, there were probably thousands of spoonbills along the Gulf Coast in Texas, Louisiana and Florida. Like many wading birds, the spoonbill almost became extinct early in this century as the result of plume hunters. The feathers of the spoonbill itself were not sought as they quickly fade. However, the egret that shared colonies with the spoonbills were highly prized. Although its numbers have increased, the roseate spoonbill is still threatened primarily by habitat loss and is listed as a species of special concern by the Florida Fish and Wildlife Conservation Commission.

A 1999 survey of nesting populations estimated 408 pairs in Florida Bay in the Florida Keys, Merritt Island, Tampa Bay and at two freshwater sites in the Everglades. The Florida Bay population represents the majority of the spoonbills that nest in the state. During the summer, roseate spoonbills are also found in Louisiana, Texas, Mexico, and Central and South America.

Source: Florida Fish and Wildlife Conservation Commission



Photographs provided by Paul Goldstein

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Florida Wildlife Happenings - October

October is the first real Fall month in Florida, and along with breaking out the blankets (for those chilly 60 degree nights), we get to see a whole new batch of animals and wildlife activity. Here are some interesting things to look for in October:

Birds

Turkey Vultures return to areas in South Florida. Warbler migration peaks early this month. Peak in chimney swift migrations in South Florida. Sandhill cranes that nested in more northern latitudes begin to move down to join our resident birds.

Ducks begin to arrive for the winter. Grosbeaks, tanagers, orioles, and thrushes begin migrating south for the winter.

Mammals

Flying squirrels will be moving into pecan groves as the nuts ripen.

Black bears feeding heavily in preparation for winter.

Amphibians

Flatwoods salamanders breed with the first rains of October.

Monarch butterfly migration nears its peak along Florida's Gulf coast. Many can be seen at St. Marks Wildlife Refuge.

Fish

Redfish and trout move up creeks and rivers in north Florida.

Fall spawning of redear sunfish.

Largemouth bass become active in cooler waters.

Plants and Trees

Plant trees and shrubs, like holly and dogwood, that produce berries to feed wildlife. Blazing star, summer farewell and other wildflowers bloom in pine uplands.

Source: University of Florida: Wildlife Ecology & Conservation

Toxic Taste
Common Plants and Foods Poisonous to your Pet

Flowers and Plants

Hydrangias Azaleas Baby's Breath Irises Bird of Paradise IVV **Buttercups** Lilies **Carnations Peonies** Chrysanthemums **Poison Ivy Daffodils Poison Oak Daisies Primroses** Gardenias Rhododendron Gladiolas **Sweet Peas Hibiscus** Sumac Holly Wisteria

Foods

Mustard Seeds Alcohol **Apple Seeds Onions Apricot** Peach **Avocado Potato Leaves Cherry Pits** Raisins Chocolate **Raw Bread Dough** Coffee **Rhubarb Leaves** Garlic Salt Grapes Tea Hops **Tomato Leaves Macadamia Nuts Xylitol** Mushrooms

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Robbins on Robins

By Jack Robbins

This summer I was very fortunate to be able to watch the birth of three Robin Red Breast chicks. It all began when I noticed a nest being built in the eave of my house. I watched with amazement as the male and female diligently worked to find and deliver small amounts of dried grass. Once the base was done, they brought in mud to cement it all together. It took a few days for the nest to be complete.

Every day, I would watch the female sitting in the nest awaiting the birth of my new "grand birds." A few days later, I was amazed to see a tiny head with white hair popped up. We were "grandbirdparents!!" This blessed event presented a fantastic opportunity for me as an amateur shutterbug to create a photographic log of "chick rearing." So, armed with my camera and tripod, I set up my equipment and waited.

I spent several hours every day for about 10 days shooting pictures and watching the chicks grow. I was amazed when I realized that sometimes even though I couldn't see them the "mom" and "dad" were nearby; I could feel their presence. It was really cool to watch them shoo away other birds that came near the nest. About every 30 minutes or so, I would wait for mom or dad (and sometimes both) to fly into the nest with food composed of worms, beetles, and berries. I watched intensely as the parents fed their chicks beak to beak, transferring the food from one to the other. Watching the chicks grow was absolutely fascinating.

I have included some photos to give you the opportunity to see the evolution of the chicks. When I read about the birthing of Robin Red Breasts, I learned that the chicks remain in the nest for about two weeks and then they literally "fly the coop." I knew that day would come, and when it did, I was really sad. I never got the chance to say goodbye and wish them well. They were my little buddies, my "grandbirds." Now every time I see a robin flying near the house, I wonder if it is one of my pals.

Nature is unbelievable. We humans are so lucky and blessed to be able to witness events like this. If we take nature for granted and don't "stop to smell the roses," we miss out on so much that the phenomenal world we live in has to offer. The next time you see a Robin Red Breast, please remember my unique experience and these pictures and say hello for me.









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Growing Green

Beautyberry (Callicarpa Americana) By Lucy Keshavarz

Beautyberry is a lovely addition to the home landscape! A Florida native shrub from diverse upland habitats, it is an extremely adaptable plant. While Beautyberry is able to thrive in full sun or shade as well as a wide variety of soil and moisture conditions, for the home landscape, partly sunny locations will bring out the best growth pattern. Beautyberry can be grown as an individual plant, in groupings or in a mixed grouping of plants.

In partly sunny to full sun locations the Beautyberry grows into a self-kept rounded shrub, 6 feet tall and about 4 to 5 feet wide. As it is best to allow the natural growth pattern, the plant should not be sheared. The flowers grow in clusters along the stem during the spring and summer, continuing to develop and bloom along the stem as it grows. The older flowers mature into clusters of striking magenta-colored berries, 1/8 inch in diameter. The berries provide a very enjoyable contrast in the garden during the fall and winter!

The flowers are a great source of nectar and pollen for our bee populations,* and the berries are a favorite food for our year round as well as migrating birds! For human viewing and wildlife use, the Beautyberry is best planted in a place where it can be seen from inside the house and/or an outside patio yet remote enough as to encourage use by birds and our beneficial pollinators.

The Beautyberry requires little maintenance. Once established, Beautyberry does well with irrigation/rain one to two times a week and in times of drought can do with much less. As with many native plants, Beautyberry does not require fertilizer like the exotics but will benefit from a time-released fertilizer applied two to three times a year. Here in South Florida the shrub will need a severe cut once a year sometime between February and end of April. Cut all branches off at 12 to 18 inches above the soil line and that's it! If grown in part sun to sunny location, watch it fill in and back to its height of 6 feet by the end of summer and be full of magenta-colored berries for the fall and winter.



*Our native bee and European bee populations are in decline. We depend greatly on bees to pollinate food crops and their declining numbers have become a serious concern. Planting vegetation in our home/urban landscape that provides food and shelter for our beneficial pollinators is an easy way to change this predicament! More about beneficial pollinators in upcoming issues of Nature Matters.



Top: Photograph by Lucy Keshavarz Bottom: Photograph by Peg Urban

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Featured

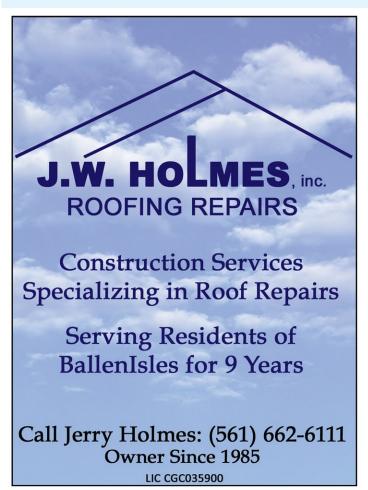
Meet Alice

Alice, a 7- year old green and yellow female Amazon Yellow Nape parrot, has lived with her proud owners, Elena and Howard Scrappy Johnson of Victoria Bay, since she was a baby. When they purchased her from a breeder in Palm Beach Gardens, she was so young that they had to feed her by hand until she could eat on her own. Some of her favorite snacks are sunflower seeds and corn.

Alice is a very talented parrot. She sings soprano and has an extensive vocabulary. Some of her many words and phrases are "hello", "how are you", "what are you doing", and "run, run Molly" (the family dog). Alice loves to go to work with Elena and spends most of the day sitting on Elena's shoulder.

If Alice really likes someone, she spreads her wings to show off her beautiful colors. She usually goes to bed at 7 p.m. and sleeps on a special bird stand in the laundry room.

Elena feels strongly that "people are missing out in life if the don't get involved with animals. They give so much back to you."





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KIDS' NEST



Sea Turtles Are Magical

By Susan Hargreaves, Animal Hero Kids



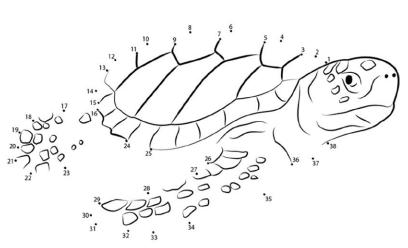
The loggerhead sea turtle is about the size of a large coffee table. The mother will find the right spot on the beach, dig a large hole, and lay her eggs without even turning her head around to look behind her. I had the privilege to be on the beach one day just as it was getting dark when this huge queen of a loggerhead turtle laid her eggs about two feet away from where I was standing. I stayed very still, as frozen as a statue, until she finished her work.

About 49 to 69 days later, the babies hatch and emerge from the nest. The light of the moon leads the just hatched babies toward the water as it reflects on the sea at night. It's as if the moon is calling to the hatchlings, "this way, this way." However, human lighting at the beach and in the road (streetlights) all can disorient the sea turtle babies and they can go into the road and into storm drains instead of the ocean. That's why it's so important if you live or work by the beach to do what you can to make sure lights are out at night during hatching season, including street lights. The reflective lights that you see on the beach road are called cats' eyes and are turtle friendly.

Some very fortunate turtles out there are swimming deep under the waves thanks to the help of some special Animal Hero Kids who volunteer with Sea Turtle Oversight Protection (STOP). They sit on the beach with a parent at night and watch closely for any turtle hatchings (called "hatching out)." One 7-year-old girl, Teakahlah, helped re-direct 100 turtles! Brother and sister, Aron and Denise, also helped lots of sea turtle hatchlings go into the ocean when the babies went toward the lights of a house on the beach instead.

Animal Hero Kids surprised these three turtle rescuers on Earth Day to congratulate them for spending their summer vacation saving loggerhead sea turtle hatchlings. Rocky Raccoon wanted to come along and thank the hero kids too. Rocky is also all about keeping wild animals wild and safe in their natural habitat.

It doesn't matter how young or old you are, the good news is you can help animals in need."—Sir Paul McCartney





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BALLEN ISLES PET REGISTRATION FORM



Owner's Name:			Date:		
A.1.1					
Home Phone:	Mobile:				
Email:					
D 41 N					
	reed:				
Please circle:	Canine	Feline	Other (specify):		
	Female		Male	Spayed	Neutered
Description and/or Personality Traits: (include distinguishing markings/characteristics to assist in identification)					
Color of collar & ID tag info (if applicable):					
Microchip number (if applicable): Registry's phone number:					
Microchip registered with:					

Please attach a photo of your pet

- Should your pet go missing please contact:
 - O Security Help Desk at 561.625.5709
 - o BICA at 561.625.5724 (prompt #1)
- Please return this form to Security by:
 - o dropping it off at any of the Gatehouses
 - o handing it to any Security Officer you encounter

Inputted by:
Date:
Form: BIWL-Pet
Rev. Date: 7/14/2014

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